## Operation Trackshoes 2023 - Tentative Overall Schedule

(Items in italics apply only to those staying in the dorms)

Note: Many activities are listed as being at the SUB which stands for Student Union Building

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FRIDAT, JUNE 9			
12:00	Information Centre opens, 250-721-2233		
1:00 - 5:30	Competitor Registration and Hospitality SUB Upper lounge and SUB Michele Pujol room,		
3:00 - 4:30	Special Diets table is open in the Hospitality area.		
3:00	Counsellor Registration, Location SUB Vertigos,		
4:00 - 5:30	Groups with Day Competitors participating tonight for whom we have arranged a counsellor will		
	meet at the Day Counsellor tent, location TBA.		
4:00 - 5:45	Overnight competitor groups return to registration area to be escorted to their dorms.		
5:00 - 7:30	Dinner		
6:30 - 8:30	Recreational swimming at the McKinnon Pool		
7:00-9:00Drop	p-in Softball, beside the Petch Fountain		
7:00 - 9:00	Movie, location, SUB, Cinecenta		
7:00 -10:00	Live Karaoke, location SUB Vertigos. Adults only past 9:00		
7:00 -10:00	The Swinging Coffee House Band & Dance in the SUB's Michele Pujol Room. Adults only past 9:00		
7:30 - 8:00	Overnight coach briefing, Junior Program, TBA		
8:00 - 8:30	Overnight coach briefing, Teen Program, TBA		
8:30 - 9:00	Overnight coach briefing, Adult Program, TBA		
9:30	Lights out, Junior Program		
10:00	Lights out, teens		

## SATURDAY, JUNE 10th

Lights out, adults

11:00

6:00	Rise and Shine
6:15 - 7:4	5 Breakfast.
8:00	Day competitors meet their counsellors at the Stadium Information tent
8:10	Coaches pick up competitor chest labels at the Stadium Information Tent
8:15	Overnight competitors are to be at the Stadium
8:30	Parade and Opening Ceremonies
9:00	The meet begins
9:00 - 3:0	The Hospitality Tent is open - complimentary hot & cold drinks
12:00 -12:4	5 Bag lunch (provided free to everyone)
3:00	The meet concludes for the day
<b>2:30</b> – 4:00	Drop in Fun Swim, McKinnon Pool (Note: This replaces the usual swim event)
<b>2:30</b> – 4:00 4:00 - 5:0	·
	Quiet time
4:00 - 5:0	O Quiet time O Music at the Dorms
4:00 - 5:0 3:30 - 5:0	O Quiet time O Music at the Dorms O Junior Banquet and Dance, location SUB Vertigos, Doors open at 5:00. Snacks at 7:30.
4:00 - 5:0 3:30 - 5:0 5:30 - 8:3	<ul> <li>Quiet time</li> <li>Music at the Dorms</li> <li>Junior Banquet and Dance, location SUB Vertigos, Doors open at 5:00. Snacks at 7:30.</li> <li>Teen Banquet &amp; Dance, SUB Michele Pujol Room. Doors open at 5:00. Snacks served at 8:00.</li> </ul>
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## SUNDAY, JUNE 11<sup>th</sup>

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6:30	Rise and Shine
6:45 - 8:15	Breakfast
8:40	Coaches pick up competitor chest labels at the Stadium Information Tent
8:45	Competitors are to be at the Stadium
9:00	The meet resumes
9:00 -12:00	The Hospitality Tent is open - complimentary hot & cold drinks.
10:00 - 11:30	Band Concert, at the Stadium
11:00	Coaches to have checked out of their rooms
12:00 - 12:30	Awards and Closing Ceremonies
12:45- 2:00	Lunch Served, location TBA