

Operation Trackshoes Health Safety Plan

INTRODUCTION

Operation Trackshoes (OT) is committed to providing safe and healthy environments for all who attend events hosted by Operation Trackshoes. This Health Safety Plan outlines our pre-emptive and preventative measures to help our OT stakeholders to remain healthy throughout an OT weekend.

OT will adhere to the Provincial Health Orders that are in place at the time of any OT event.

OT will adhere to any applicable requirements that the University of Victoria has in place as part of their communicable disease plan

SCOPE

This Health Safety Plan applies to all who are involved in OT (leadership team, volunteers, competitors, coaches, field crew, officials, nurses, society members, performers/entertainers, and general public, and others affiliated with OT) in any activity including in-person orientation sessions, meetings, event and meet activities, and administrative, operational and ancillary services.

GENERAL ILLNESS PREVENTION

General illness prevention focuses on basic risk reduction principles to reduce the risk of transmission of illnesses and diseases. The fundamental components of prevention include both ongoing measures to maintain at all times and additional measures to be implemented as advised by public health during periods of elevated risk. OT will regularly monitor and review general illness updates from public health authorities, and update OT stakeholders of any changes affecting OT event and meet activities, including updating the Health Safety Plan as required.

PREVENTION MEASURES

Supporting all who attend OT

- All who attend OT in-person should as to symptoms
- If you are feeling sick in any way (e.g., nausea, vomiting, diarrhea, fever, chills, coughing), please stay home and notify OT of your absence.
- Anyone providing food services must follow [Food Safety Regulation](#).

Promoting hand-washing and hygiene practices

- Washing your hands regularly or using hand sanitizers if a washroom or sink is not readily available, is one of the most simple and effective ways to minimize the spread of illness.
- Washroom facilities where OT activities are held will be opened and available for those attending OT to facilitate regular handwashing.
- Hand sanitizer will be available during OT.
- Covering your mouth and nose when you sneeze or cough will also help to reduce the spread of germs.

Masks & Social Distancing

- Personal choices about comfort and risk in regard to masking will be respected.
- Masks will not be provided by OT
- Number of persons may be limited in any tent, ie hospitality or Shirt Shop

Routine Cleaning

- OT will have supplies available to address issues that are not covered by the University of Victoria.

RESPONDING TO ELEVATED RISK

The level of risk of certain illnesses may elevate from time to time or on a seasonal basis. This may occur at a local or regional level.

In addition to maintaining the ongoing prevention measures, OT will monitor public health information and be responsive to any further directives from the local medical health officer or provincial health officer, which could include, for example, orders on gatherings and events, implementing cleaning measures, distancing requirements or masking guidance.

Any changes to prevention measures during periods of elevated risk will be communicated to OT stakeholders.

COMMUNICATION AND MONITORING

- This plan will be available on OT's website and shared widely with OT stakeholders.
- OT Board of Directors will ensure that everyone on the OT Leadership Team wearing red-hats on the weekend have reviewed the plan.
- The preventative measures will be monitored and enforced at all OT activities
- Individuals attending an OT event should report any health concerns to the OT Leadership Team who are responsible to follow-up and address any concerns.

Nurse's Role

- Nurses will provide First Aid Services.
- Nurses will distribute prescription medication to overnight competitors in dorms
- Anyone attending OT will be required to release medical information/history prior to receiving treatment from the nurses.

CONTACT PERSON

Should you have any questions regarding the Operation Trackshoes Health Safety Plan, please email us at info@trackshoes.ca

APPROVAL

This Health Safety Plan was approved by the Operation Trackshoes Board of Directors, at the January 16th, 2023 board meeting